

The Diversional Therapy Group™ was successfully launched this year, the company Director Jade Kestenberg studied and researched extensively in a local and international capacity in the fields of Aged Care, Disability and Diversional Therapy. Jade worked in the Aged care, disability and lifestyle and health sector, to determine how services could better be catered to older adults and disabled individuals in our community. Currently Diversional Therapy services are not readily available to the public. However, Jade has made this service available to individuals and groups in a range of settings. I spoke with Jade to ask her more about Diversional Therapy and how the services help individuals in our community. To which she responded 'There is a real need for high quality, innovative and fun lifestyle activities that

improve individual's quality of life. My company caters to a large range of people and we make sure that we really understand what the individual's needs, interests and abilities are. Services are even catered to blind individuals. Our equipment is sourced from all over the world and we have received amazing reviews from the families of individuals we work with." Some of the many programs on offer include Chair Tai Chi, Chair Dance, Bingo, Guided Meditation and many more. The services are affordable and life changing. You can contact the Diversional Therapy Group: By phone 0431-871-984 Via email at info@diversionaltherapygroup.com or visit us online at www.diversionaltherapygroup.com

Melbourne School of Classical Dance is passionate about working with all ages and abilities assisting all students to enjoy the journey of ballet dancing. Our adult school has grown out of a mutual passion for dance, learning, growth and fun. The one thing we hear time and time again from our adult students is that they want to learn properly and be taken seriously. The very experienced and approachable teachers don't skimp on technique just because students are starting ballet in another phase of life - we will work with you for small miracles! We have had many students over 50, some of whom always wanted to do ballet, others have danced as children and have chosen to recommence in their retirement. We find our senior ballet dancers are an asset to our school and our end of year performance, which features work from the adult school

performance study students who enjoy and fully participate in the end of year production. For more information contact 9417 4446 or email info.mscd@gmail.com

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MSCD
 MELBOURNE SCHOOL OF CLASSICAL DANCE
 Adult School 2015

Diversional Therapy Group™
 Enhancing wellbeing through leisure

We design stimulating and enriching lifestyle & leisure activities for seniors, disabled & blind individuals and groups that:

- Improve quality of life and reduce depression
- Enhance memory & problem-solving skills
- Increase mobility & co-ordination

Our unique programs include:

- Chair Tai Chi
- Chair Dance
- Guided Meditation
- Cognitive Activities and many more!

Quote DTGVIP to receive your complementary evaluation

Have an enquiry?
 Call us on 0431 871 984
 Email us at info@diversionaltherapygroup.com
 or visit our Website www.diversionaltherapygroup.com

Our programs have received outstanding feedback from clients and stakeholders

Need to place someone into care?



HEALTH AND AGED ASSIST

HAAA.COM.AU

OR

Is staying home with support and care an option?



NATIONAL CARE TRIAGE

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Call our placement care team to discuss your Situation 1300 784 781